Eligible Individual Benefit Amount Requirements **Coverage Options** Coverage is guaranteed provided you are actively Employee \$15,000 or \$30,000 at work. Coverage is guaranteed provided the employee is actively at work and the Spouse/Domestic Partner² 50% of the Employee's Initial Benefit spouse/domestic partner is not subject to a medical restriction as set forth on the enrollment form and in the Certificate.¹ Coverage is guaranteed provided the employee is actively at work and the dependent is not subject Dependent Child(ren)³ 50% of the Employee's Initial Benefit to a medical restriction as set forth on the enrollment form and in the Certificate.¹

Critical Illness Insurance Benefits – January 1, 2025 – December 31, 2029

Benefit Payment

Your plan pays a lump-sum **Initial Benefit** upon the first verified diagnosis of a Covered Condition. Your plan also pays a lumpsum **Recurrence Benefit**⁴ for a subsequent verified diagnosis of certain Covered Conditions as shown in the table below. A Recurrence Benefit is only available if an Initial Benefit has been paid for the same Covered Condition. There is a Benefit Suspension Period that applies to Recurrence Benefits. In addition, there is a Benefit Suspension Period that applies to Initial Benefit for different conditions. There is no **Total Benefit Amount** cap included in the plan.

Please refer to the table below for the percentage benefit payable for each Covered Condition.

Plan Design – Covered Conditions

Initial Benefit means the benefit that is payable for a covered condition the first time that it occurs while coverage is in effect. The Initial Benefit amount is expressed as a percentage of the elected Benefit Amount.

Recurrence Benefit means the benefit that is payable for another occurrence of the same covered condition for which MetLife has already paid a benefit. The Recurrence Benefit amount is expressed as a percentage of the Initial Benefit amount.

Second Opinion Benefit means the benefit that is payable if a covered person receives a second opinion at an evaluation center for a covered condition. The Second Opinion Benefit amount will pay \$500 per evaluation and an additional \$250 if the evaluation center is more than 50 miles from the covered person's primary residence. Payable for up to 5 second opinions per covered person.

NCI Cancer Center Benefit means the benefit that is payable if a covered person receives an evaluation at an NCI Cancer Center for a Cancer condition other than Skin Cancer. The NCI Cancer Center Benefit amount will pay \$500 per evaluation and an additional \$250 if the NCI Cancer Center is more than 50 miles from the covered person's primary residence. Payable 1 time for each Cancer covered condition benefit received by a covered person.

Covered Conditions	Initial Benefit	Recurrence Benefit
Autism Spectrum Disorder Category		
Autism Spectrum Disorder	25% of Benefit Amount	NONE
Benign Tumor Category		
Benign Brain Tumor	100% of Benefit Amount	100% of Initial Benefit
Cancer Category		
Invasive Cancer	100% of Benefit Amount	100% of Initial Benefit
Non-Invasive Cancer	25% of Benefit Amount	100% of Initial Benefit



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Cardiovascular Disease Catego	ory	
Coronary Artery Bypass Graft (CABG) - where surgery involving either a median sternotomy or minimally invasive procedure is performed	100% of Initial Benefit	
Childhood Disease Category	1	
Cerebral Palsy	100% of Benefit Amount	NONE
Cleft Lip or Cleft Palate	100% of Benefit Amount	NONE
Cystic Fibrosis	100% of Benefit Amount	NONE
Diabetes (Type 1)	100% of Benefit Amount	NONE
Down Syndrome	100% of Benefit Amount	NONE
Sickle Cell Anemia	100% of Benefit Amount	NONE
Spina Bifida	100% of Benefit Amount	NONE
Functional Loss Category	·	
Coma	100% of Benefit Amount	100% of Initial Benefit
Loss of: Ability to Speak; Hearing; or Sight	100% of Benefit Amount	NONE
Paralysis of 2 or more limbs	100% of Benefit Amount	100% of Initial Benefit
Heart Attack Category		
Heart Attack	100% of Benefit Amount	100% of Initial Benefit
Infectious Disease Category	1	
For a benefit to be payable, the covered person must have bee	en treated for the disease in a hospita	al for 5 consecutive days.
Bacterial Cerebrospinal Meningitis	25% of Benefit Amount	NONE
COVID-19	25% of Benefit Amount	NONE
Diphtheria	25% of Benefit Amount	NONE
Encephalitis	25% of Benefit Amount	NONE
Legionnaire's Disease	25% of Benefit Amount	NONE
Malaria	25% of Benefit Amount	NONE
Necrotizing Fasciitis	25% of Benefit Amount	NONE
Osteomyelitis	25% of Benefit Amount	NONE
Rabies	25% of Benefit Amount	NONE
Tetanus	25% of Benefit Amount	NONE
Tuberculosis	25% of Benefit Amount	NONE
Kidney Failure Category		
Kidney Failure	100% of Benefit Amount	NONE
Major Organ Transplant Catego		
Major Organ Transplant For bone marrow, heart, lung, pancreas, and liver	100% of Benefit Amount	NONE
Progressive Disease Categor		
ALS	100% of Benefit Amount	NONE
Alzheimer's Disease	100% of Benefit Amount	NONE
Multiple Sclerosis	100% of Benefit Amount	NONE



Muscular Dystrophy	100% of Benefit Amount	NONE
Parkinson's Disease (Advanced)	100% of Benefit Amount	NONE
Systemic Lupus Erythematosus (SLE)	100% of Benefit Amount	NONE
Severe Burn Category		
Severe Burn	100% of Benefit Amount	100% of Initial Benefit
Stroke Category		
Stroke	100% of Benefit Amount	100% of Initial Benefit

Benefit Amount - \$50			
	Benefit Amount - \$50		
Benefic Amount 400			
Times Payable per Calendar Year			
1 time per Employee			
 1 time per Spouse/Domestic P 	Partner		
 1 time per Dependent Child 			
•			
Eligible Screening/Prevention Measur			
routine health check-up exam	fasting blood glucose test		
biopsies for cancer	fasting plasma glucose test		
blood chemistry panel	flexible sigmoidoscopy		
blood test to determine total cholesterol blood test to determine triglycerides	hearing test hemoccult stool specimen		
bone marrow testing	hemoglobin A1C		
breast MRI	human papillomavirus (HPV) vaccination		
breast ultrasound	immunization		
breast sonogram	lipid panel		
cancer antigen 15-3 blood test for breast cancer (CA 15-3)	mammogram		
cancer antigen 125 blood test for ovarian cancer (CA 125)	oral cancer screening		
carcinoembryonic antigen blood test for colon cancer (CEA) pap smears or thin prep pap test			
carotid doppler prostate-specific antigen (PSA) test			
chest x-rays serum cholesterol test to determine LDL and HDL levels			
clinical testicular exam serum protein electrophoresis			
colonoscopy skin cancer biopsy			
complete blood count (CBC)	skin cancer screening		
coronavirus testing	skin exam		
dental exam	stress test on bicycle or treadmill		
digital rectal exam (DRE)	successful completion of smoking cessation program		
Doppler screening for cancer tests for sexually transmitted infections (STIs)			
Doppler screening for peripheral vascular thermography disease			
echocardiogram two-hour post-load plasma glucose test			
electrocardiogram (EKG) ultrasounds for cancer detection			
electroencephalogram (EEG) ultrasound screening of the abdominal aorta for abdominal aortic aneurysms			
endoscopy virtual colonoscopy			
eye exams			
The Health Screening Benefit is not available in all states.			



* Notes Regarding Covered Conditions

MetLife will not pay a benefit for a Covered Condition that is diagnosed prior to the coverage effective date.

- Alzheimer's Disease Please review the Outline of Coverage/Disclosure Document for specific information about Alzheimer's disease.
- Cancer Please review the certificate for specific information about cancer benefits. In most states, not all types of cancer are covered.
- Coronary Artery Bypass Graft In certain states, the Covered Condition is Coronary Artery Disease.
- Heart Attack The Heart Attack Covered Condition pays a benefit for the occurrence of a myocardial infarction, subject to the terms of the certificate. A myocardial infarction does not include sudden cardiac arrest.
- Major Organ Transplant In most states, we will not pay a Major Organ Transplant benefit if a covered person is placed on the organ transplant list
 prior to coverage taking effect and subsequently undergoes a transplant procedure for the same organ while coverage is in effect. Covered organs
 may vary by state; refer to the Certificate for details. In some states, the condition is Major Organ Failure.
- Stroke In certain states, the Covered Condition is Severe Stroke.
- Not all benefits are not available in all states. Please review the certificate for details.

Example of How Benefits are Paid

The example below illustrates an employee who elected a Benefit Amount of \$15,000.

Illness – Covered Condition	Payment
Heart Attack — first verified diagnosis	Initial Benefit payment of \$15,000 or 100%
Kidney Failure – first verified diagnosis, two years later	Initial Benefit payment of \$15,000 or 100%
Heart Attack — second verified diagnosis, four years later	Recurrence Benefit payment of \$15,000 or 100%

This example is for illustrative purposes only. The MetLife Group Policy and Certificate are the governing documents with respect to all matters of insurance, including coverage for specific illnesses. The specific facts of each claim must be evaluated in conjunction with the provisions of the applicable Policy and Certificate to determine coverage in each individual case.

Questions & Answers

- Q. Who is eligible to enroll for this critical illness coverage?
- A. You are eligible to enroll yourself and your eligible family members!⁵ You need to enroll during your Enrollment Period and to be actively at work for your coverage to be effective.
- Q. How do I pay for my critical illness coverage?
- A. Premiums will be paid through payroll deduction, so you don't have to worry about writing a check or missing a payment.
- Q. What happens if my employment status changes? Can I take my coverage with me?
- A. Yes, you can take your coverage with you.⁶ You will need to continue to pay your premiums to keep your coverage in force. Your coverage will only end if you stop paying your premium or if your employer offers you similar coverage with a different insurance carrier.
- Q. Who do I call for assistance?
- A. Contact a MetLife Customer Service Representative at 1 800- GET-MET8 (1-800-438-6388), Monday through Friday from 8:00 a.m. to 8:00 p.m., EST. Or visit our website: *mybenefits.metlife.com*.



Insurance Rates

MetLife offers group rates and payment of premium through payroll deduction, so you don't have to worry about writing a check or missing a payment! Your employee rates are outlined below.

Monthly Premium per \$15,000 of Coverage

Attained Age	Employee Only	Employee + Spouse	Employee + Child(ren)	Employee + Spouse and Child(ren)
<25	\$4.05	\$6.30	\$6.15	\$8.40
25 - 29	\$4.05	\$6.30	\$6.15	\$8.40
30 - 34	\$5.70	\$9.00	\$7.80	\$11.10
35 - 39	\$8.10	\$12.90	\$10.35	\$15.00
40 - 44	\$10.80	\$16.95	\$12.90	\$19.05
45 - 49	\$15.00	\$22.95	\$17.10	\$25.05
50 - 54	\$21.60	\$32.55	\$24.00	\$34.65
55 - 59	\$29.85	\$43.35	\$31.95	\$45.60
60 - 64	\$41.55	\$59.55	\$43.80	\$61.65
65 - 69	\$51.15	\$72.45	\$53.25	\$74.55
70 - 74	\$64.65	\$92.10	\$66.90	\$94.20
75+	\$94.80	\$137.10	\$97.05	\$139.20

Monthly Premium per \$30,000 of Coverage

Attained Age	Employee Only	Employee + Spouse	Employee + Child(ren)	Employee + Spouse and Child(ren)
<25	\$8.10	\$12.60	\$12.30	\$16.80
25 - 29	\$8.10	\$12.60	\$12.30	\$16.80
30 - 34	\$11.40	\$18.00	\$15.60	\$22.20
35 - 39	\$16.20	\$25.80	\$20.70	\$30.00
40 - 44	\$21.60	\$33.90	\$25.80	\$38.10
45 - 49	\$30.00	\$45.90	\$34.20	\$50.10
50 - 54	\$43.20	\$65.10	\$48.00	\$69.30
55 - 59	\$59.70	\$86.70	\$63.90	\$91.20
60 - 64	\$83.10	\$119.10	\$87.60	\$123.30
65 - 69	\$102.30	\$144.90	\$106.50	\$149.10
70 - 74	\$129.30	\$184.20	\$133.80	\$188.40
75+	\$189.60	\$274.20	\$194.10	\$278.40

Rates will increase when a Covered Person reaches a new age band. Rates are subject to change.

¹ Coverage is guaranteed provided (1) the employee is actively at work and (2) dependents are not subject to medical restrictions as set forth on the enrollment form and in the Certificate. Some states require the insured to have medical coverage.

² Coverage for Domestic Partners, civil union partners and reciprocal beneficiaries varies by state. Please contact MetLife for more information.
³ Dependent Child coverage varies by state. Please contact MetLife for more information.

⁴ Review the Disclosure Document or Outline of Coverage/Disclosure Document for information on which Covered Condition may be eligible for a Recurrence Benefit. There may be a Benefit Suspension Period between recurrences of the same Covered Condition, as well as occurrences of different Covered Conditions. There may be a limitation on the number of Recurrence Benefits payable per Covered Condition. We will not pay a benefit for a Covered Condition that is subject to a Benefit Suspension Period. If a Recurrence Benefit is payable for a Cancer Covered Condition, we will not pay such benefit unless the Covered Person has not had symptoms of or been treated for the same cancer for which we paid a benefit during the Treatment Free Period.

⁵ Eligible Family Members means all persons eligible for coverage as defined in the Certificate.

⁶ Eligibility for portability through the Continuation of Insurance with Premium Payment provision may be subject to certain eligibility requirements and limitations. For more information, contact your MetLife representative.

METLIFE CRITICAL ILLNESS INSURANCE (CII) IS A LIMITED BENEFIT GROUP INSURANCE POLICY. Like most group accident and health insurance policies, MetLife's CII policies contain certain exclusions, limitations and terms for keeping them in force. Product features and availability vary by state. There may be a Benefit Suspension Period between recurrences of the same Covered Condition or occurrences of different Covered



Conditions. MetLife offers CII on an Attained Age basis, where rates will increase when a Covered Person reaches a new age band. Rates are subject to change. MetLife reserves the right to raise premium rates for Issue Age CII on a class-wide basis. A more detailed description of the benefits, limitations, and exclusions applicable to MetLife's CII product can be found in the applicable Disclosure Statement or Outline of Coverage/Disclosure Document available at time of enrollment. For complete details of coverage and availability, please refer to the group policy form GPNP07-CI, GPNP09-CI, GPNP10-CI, GPNP14- CI, GPNP19-CI or contact MetLife for more information. Please contact MetLife for more information. Benefits are underwritten by Metropolitan Life Insurance Company, New York, New York.

MetLife's Critical Illness Insurance is not intended to be a substitute for Medical Coverage providing benefits for medical treatment, including hospital, surgical and medical expenses. MetLife's Critical Illness Insurance does not provide reimbursement for such expenses

